

# CHUNKY CROCHET HEARTS

beginner crochet pattern UK terminology v3.0

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access the online class here > <u>homelealass.com/crochet-heart-pattern/</u>



welcome

Hello and welcome to the Chunky Crochet Hearts pattern!

I'm so glad you've decided to make this pattern. There's something satisfying about lovingly making hearts, it's a beautiful way to fill the world with love and happiness.

You can use your giant hearts for lots of things – a thoughtful gift for a friend or a teacher, a trivet for your teapot, decorations for your Christmas tree, a colourful garland for your home, or a rest for your favourite coffee cup – the options are endless.

Don't worry if you've never crocheted before - I've included simple step-by-step instructions to help you out.

## what we're making

We're making Chunky Crochet Hearts using gorgeously soft merino wool – the gorgeous natural fibres of Homelea Bliss make your hearts look like they'd be right at home in an interiors magazine. Each 100g mini skein of Homelea Bliss will make 2 hearts.

This simple pattern is a bit addictive - you'll make your hearts by crocheting double treble and treble stitches, and then finishing them with a simple flourish - the best bit is that there's no ends to sew in at the end.

#### size

Your crocheted hearts are approximately 15cm (5.9in) by 15cm (5.9in), and they will be about 1.5cm (0.6in) thick.

If you're hearts are a different size to this, it means you will use more or less yarn than the design.

## if you need help

If you've got any questions while you're making your Chunky Crochet Heart simply post your question on my <u>Facebook Page</u> and I'll respond as soon as I can. If you can add photos or videos, I'll be able to give you the best help possible.

#### the fine print

This pattern is the original work of Lynda Rennick and is covered by copyright. I ask that you do not share any of this pattern (or your access to it) without my written permission.

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before we start crocheting

## what you'll need

To make your Chunky Crochet Hearts you will need:

- a <u>100g (3.5oz) mini skein of Homelea Bliss yarn</u> in your favourite colour this will make 2 hearts (Homelea Bliss is approximately 70ply or super chunky size)
- <u>15.75mm (Q)</u> bamboo crochet hook it's so lovely and light to hold
- scissors
- the desire to make something beautiful

#### how to read this crochet pattern

Before you pick up your chunky crochet hook, I'd love to share with you the basics of reading crochet patterns, and what you'll come across in this pattern.

I've written this crochet pattern so it is easy for you to follow. You'll find a lot of the elements here (like the terminology and abbreviations) in every good crochet pattern you come across.

Reading crochet patterns is just like eating an elephant – when you take it one bite (or step) at a time, it's easy to do. The basic elements of crochet patterns are the stitches, and the easiest way to work through a crochet pattern is to go one stitch at a time.

Each type of stitch has a name, and crochet patterns are written in one of two stitch terminologies – UK or US. This pattern is written in UK terminology, and there is a US terminology version.

The abbreviations that are used throughout the pattern for the stitch names are summarised in the table below.

abbreviation	UK terminology	US terminology
ch	chain	chain
tr	treble	double crochet
dtr	double treble	treble
slst	slip stitch	slip stitch
st(s)	stitch(es)	stitch(es)

## how to make a different size

It's possible to change the size of your hearts by using a different sized yarn and/or crochet hook.

## it's good to know

I've found that when I crochet with chunky yarn and a huge hook I hold the yarn and hook differently to when I'm using "normal" sized yarn because of the extra size and weight.

To help avoid discomfort in my arms and hands I share the crocheting movements between both arms and it becomes a full upper body workout! I also try to be aware of my posture as I'm crocheting.



let's start crocheting

### how to turn your skein into a ball

The first thing you'll need to do is turn your chunky skein of Homelea Bliss into a ball.

The easiest way to do this is to:

- open up the skein
- lie the skein flat and in a circle in front of you
- untie or cut the loops that are holding the yarn together
- find the end
- carefully unwind some of the yarn
- wrap the end around your fingers a couple of times
- slip the yarn off your fingers, fold it in two and then wind the yarn around this to start creating a ball
- keep carefully unwinding the skein and wrapping it around the ball until you're finished.

If you've mastered the art of winding a centre pull ball on a <u>Nostepinne</u> you can do this too.

Note - if you have a yarn swift you can put the opened skein on your swift and unwind it from here. Most of the time I skip the ball winding and crochet straight from the swift.

#### make an adjustable loop

We're going to start by making an adjustable loop. There are lots of different ways to do these, and each one works fine. An adjustable loop is a slip knot that hasn't been pulled close, and it's an easy way of starting a project that's made in the round.

The important thing to remember is that the end attached to the ball needs to make the loop bigger and smaller.

For this pattern the non-ball end of your slip stitch needs to 10cm (3.9in) long.

#### place the loop on your crochet hook

The slip knot goes onto your crochet hook, and this makes the first stitch.

The size of the slip knot is important for determining the size and consistency of the stitches in your crocheting. With practice, you will discover the right size for your crocheting – don't be afraid to try different sizes.



#### how to hold your crochet hook and yarn

There are different ways to hold the crochet hook and yarn, and the best way to do it is to do what feels best for you - the important thing is that you can control the hook. Experiment with different ways until you find something that works for you.

I'm right-handed, and I hold the hook in my right hand and the yarn in my left hand. If you're left-handed, it's the other way around.

## make the chain stitches

The adjustable loop is the centre of your heart, and we do chain stitches to move to the outside of your heart.

- make a chain:
  - wrap the yarn around the hook from back to front
  - pull the yarn through the loop on the hook
- At the end of a chain stitch, you will only have one loop on your hook and from now on we will refer to a chain as "ch".
- make another 2 ch

## make 3 double treble stitches

Now it's time to start making the top left of your heart.

- make a double treble:
  - wrap the yarn around the hook from back to front twice
  - slide the hook into the adjustable loop by going from the front (the side facing you) to the back
  - wrap the yarn around your hook and pull the yarn back out of the adjustable loop (there are 4 loops on your crochet hook)
  - wrap the yarn around your hook and pull it through 2 loops on your hook (there are 3 loops on your crochet hook)
  - wrap the yarn around your hook and pull it through 2 loops on your hook (there are 2 loops on your crochet hook)
  - wrap the yarn around your hook and pull it through the last 2 loops on your hook

We're now going to refer to double trebles as "dtr".

- make another 2 dtr

## make 3 treble stitches

Now it's time to start making the bottom left of your heart.

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- make a treble:
  - wrap the yarn around the hook from back to front once
  - slide the hook into the adjustable loop by going from the front (the side facing you) to the back
  - wrap the yarn around your hook and pull the yarn back out of the adjustable loop (there are 3 loops on your crochet hook)
  - wrap the yarn around your hook and pull it through 2 loops on your hook (there are 2 loops on your crochet hook)
  - wrap the yarn around your hook and pull it through the last 2 loops on your hook

We're now going to refer to trebles as "tr".

- make another 2 tr

## make another double treble

We've reached the very bottom of your heart, and here's what to do...

- make a dtr

## the other side

Now it's time to go back up the other side of your heart.

- make 3 tr
- make 3 dtr
- do 3 ch
- make a slip stitch:
  - slide the hook into the adjustable loop by going from the front (the side facing you) to the back
  - wrap the yarn around the hook and pull it back out of the adjustable loop
  - pull the loop closest to the hook through the other loop on your hook

## the final flourish

Now it's time to go back up the other side of your heart:

- cut off the yarn, leaving a 10cm (12in) end
- pull the starting end to close the adjustable loop and jiggle your stitches so they're sitting evenly
- pass both ends through the active loop
- pull the last end to secure the st
- tie a knot in the ends for hanging your heart and trim off the very end

- pull your heart into shape

Congratulations on making your heart!

## thank you

It's been an absolute pleasure to help you crochet your Chunky Crochet Hearts - I hope you've enjoyed it.

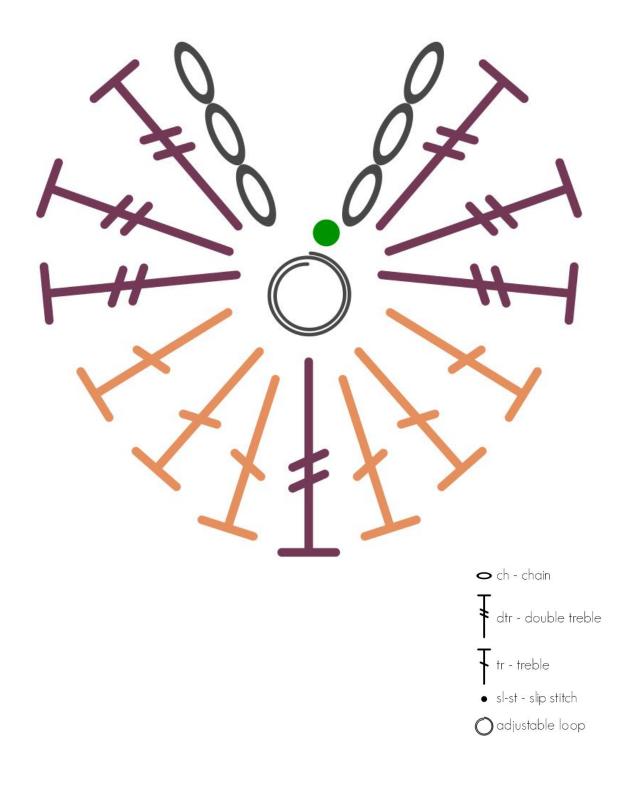
I'd love to see what you've made so please share a photo on my <u>Facebook Page</u>.

I desire for all my patterns to be easy to make. I'd appreciate it if you took a couple of moments to leave me some feedback at <u>homelealass.com/feedback</u>.

With love, Lynda.



crochet chart



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how to wash your crocheting

You've carefully created your crocheting so it's important that it looks its best.

This is what you need to do to wash your crocheting:

- Soak your crocheting in cold water mixed with wool detergent for about 30 minutes. This allows the water to fully soak into the fibres. You may need to turn your crocheting while it is soaking.
- If it's required by the detergent, rinse.
- Drain the water from your crocheting by gently lifting it and letting the water run out of it. It's important to avoid squeezing or wringing it at this stage because this can damage the delicate fibres of the yarn.
- Spread out a towel and lie your crocheting flat on it. Fold the towel over your crocheting and roll it up to remove the excess water.
- Take your crocheting out of the towel and lie it flat in a warm place that is out of direct sunlight.
- Shape your crocheting to size by gently stretching it if required. Straighten up the edges and make sure it is even and flat. A ruler can come in handy with straightening up the edges.
- Leave your crocheting to dry. You may need to turn it to ensure it dries completely.

have you heard of Blanket School?

Would you love to crochet soft and chunky blankets with expert guidance and be part of a community of creative women?

Blanket School is an online course and community that's full of videos, instructions and wonderful support. The videos are of how to make the complete blanket from start to finish – every stitch and step is recorded to help you out.

In addition to being able to ask for help any time of the day, we also have weekly live tutorials and monthly live masterclasses.

It really is the best way to crochet chunky blankets and relax at the end of the day.

Find out more at homelealass.com/blanket-school.

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