# colour exploration blanket

UK (and US) terminology crochet pattern v1.0

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# WELCOME

Hello! It's Lynda here from Homelea Lass and I'm so glad that you're making our Colour Exploration Blanket.

There's something fascinating about crocheting with colour and texture, and this blanket has plenty of both! It's comforting and engaging to make. Come on a journey and explore how colours make you feel as you stitch this comforting blanket.

Let's get started!

# GET READY TO START

## what we're making + size

We're making the Colour Exploration Blanket. It's crocheted using 8 different colours of 10ply / aran weight yarn. It is 1.0m (39.4in) x 1.0m (39.4in) in size and consists of 16 squares. Each square is approximately 26cm (10.2in) x 26cm (10.2in) blocked.

*The gauge (or tension) for your Colour Exploration Blanket* is 18 stitches and 14 rows in a 10cm (3.9in) by 10cm (3.9in) square – blocked.

## what you'll learn

- Experience 9 different colours and how they make you feel
- Extended wrapped double crochet stitch (UK terminology) / Extended wrapped single crochet stitch (US terminology)
- Crochet with 10ply / Aran weight yarn
- How to join squares
- How to weave in ends using a darning needle
- How to steam block

## what you'll need to know

You'll need to be able to do chain, double crochet (single crochet) and slip stitches.

## what you'll need

This is what you'll need to make your Colour Exploration Blanket:

- 8 x 130g of Kilcarra Tweed 10ply/Aran weight yarn (or 8 x 230m (252yds) of a similar sized yarn)
- 1 x 50g of Kilcarra Tweed 10ply/Aran weight yarn (or 88m (96yds) of a similar sized yarn)

- 5mm ChiaoGoo ergonomic bamboo crochet hook with metal head
- darning needle
- scissors
- tape measure or ruler
- t pins or dressmakers pins for blocking
- ironing board
- iron
- the desire to make a beautiful blanket

It's a good idea to keep all your blanket making goodies together in a handy place - it'll make it easier to keep motivated, plus they're all so lovely to look at.

Colour Exploration Blanket - UK (and US) terminology v1.0

# how to read this crochet pattern

## crochet terminology

*This pattern is written in UK terminology and if the US terminology is different it is included in brackets.*

The abbreviations that are used are summarised in the table below.

| abbreviation | UK terminology | US terminology |
|---|---|---|
| ch | chain | chain |
| dc (sc) | double crochet | single crochet |
| wedc (wesc) | wrapped extended double crochet | wrapped extended single crochet |
| sl-st | slip stitch | slip stitch |
| ch-sp | chain space | chain space |
| st/s | stitch/es | stitch/es |

## number of stitches in each row

Throughout this crochet pattern, you'll notice curvy brackets at the end of the row – this indicates the number of stitches in the row. For example, {43 sts} means that there are 43 stitches in the row. Counting the number of stitches at the end of each row is a good way to check that you haven't gained or lost any stitches during the row.

## turning chain

The turning chain is worked at the start of the row in this pattern and does not count as a stitch.

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# CROCHET THE SQUARES

Let's jump in and crochet 16 squares (2 squares in each colour).

## how each square is made

The squares have a border of double crochet (single crochet) stitches, and a mesh-like fabric in the middle created with chain spaces, double crochet (single crochet) stitches and wrapped extended double crochet (single crochet) stitches.

Remember to be consistent about which way you turn your crochet at the end of each row. Doing this will produce a neat and even edge.
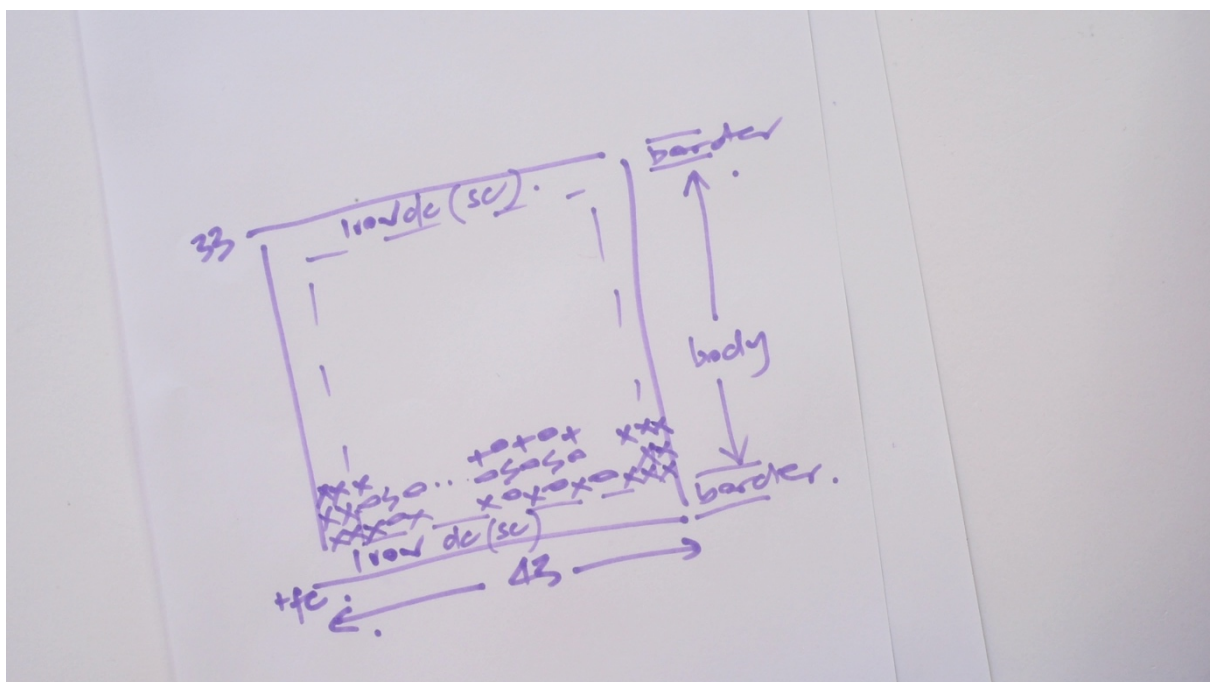
## your squares are going to look wonky

Before we go any further, I want you to know that your squares are going to look uneven and wonky when you crochet them.
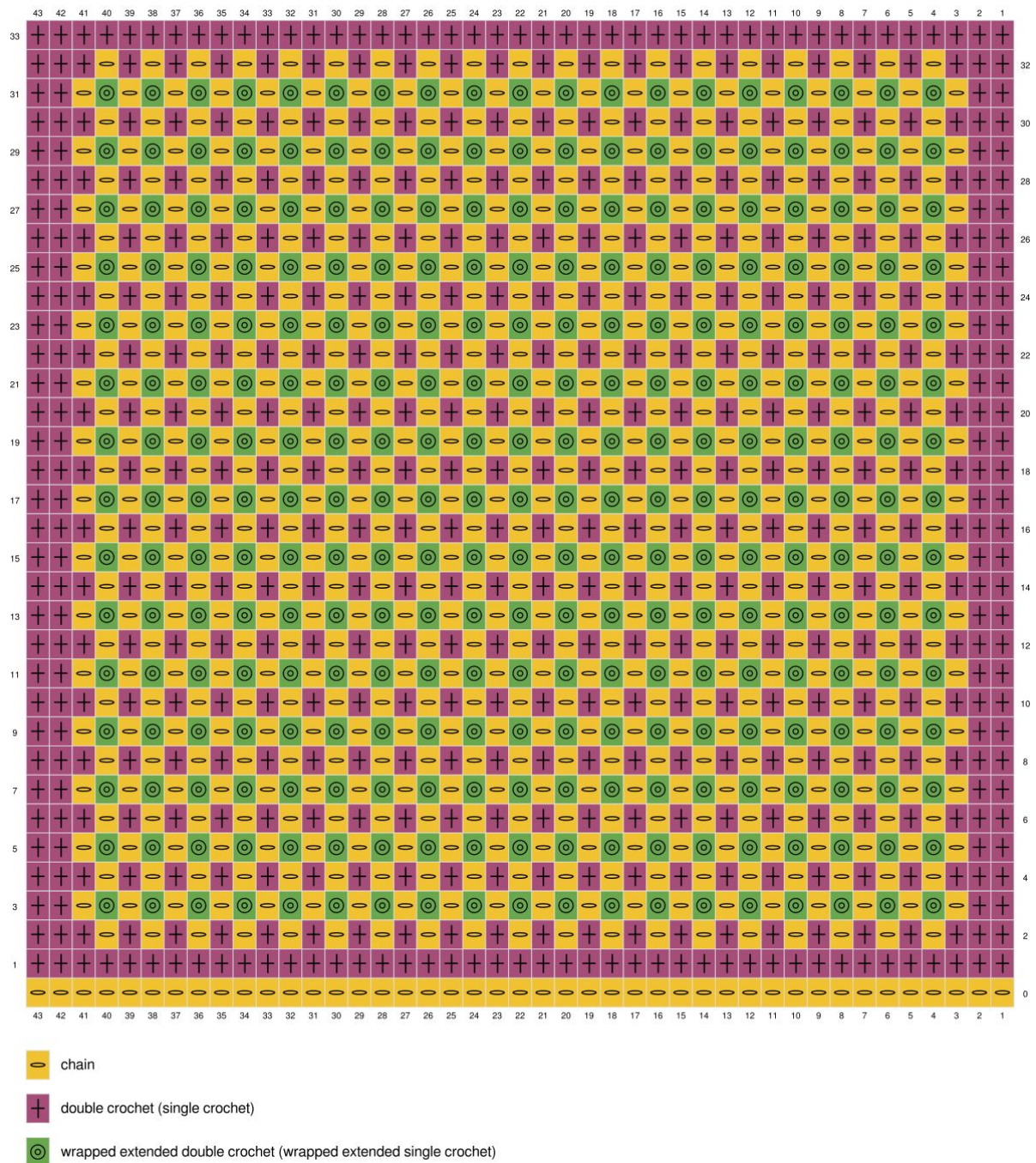
*This is completely normal that's why we're going to block them before we join them together. Blocking is magic for yarn!*

If having imperfect squares is hard for you, know that this is okay. Breathe deeply and feel into your body and know that imperfection is beautiful and full of character. Life isn't perfect, it is meant to be enjoyed. Enjoy making each stitch and enjoy feeling the yarn and hook between your hands.

chain

double crochet (single crochet)

wrapped extended double crochet (wrapped extended single crochet)

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A HOMELEA LASS® CROCHET PATTERN

## foundation chain

- Make a slip knot and then make 43 ch. {43sts}

## row 1 (border)

- Ch (this is the turning chain) and then dc (sc) into the second ch from the hook.
- Work a dc (sc) in each st to the end of the row. Turn. {43sts}

Helpful Hint: if you're finding it difficult to find the first or last stitches of the row, put a stitch marker in the top of these stitches are you're crocheting them, and then move them up as your crochet each row.

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## row 2 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}



## row 3 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## how to do a wrapped extended double crochet (single crochet) stitch – wedc (wesc)

This is the first time we've encountered this stitch so let's go through how to do it:

1. insert the hook from front to back into the stitch below (in this case it's the chain space)
2. yarn over the hook and pull the yarn back out
3. yarn over the hook and pull the yarn through the first loop on the hook
4. wrap the hook from right to left around the stitch so far, yarn over, and pull the hook back out
5. yarn over and pull the yarn through the three loops on the hook

Know that this might feel tricky and awkward to start with – this is totally normal. Take your time, and know that you will get better and quicker the more you do it.

Find the video tutorial on youtube > https://youtu.be/C7EnOcVN2xI

## row 4 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 5 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 6 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 7 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 8 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 9 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 10 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 11 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 12 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 13 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 14 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 15 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 16 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 17 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 18 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 19 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 20 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 21 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

### row 22 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

### row 23 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

### row 24 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

### row 25 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

### row 26 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

### row 27 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

### row 28 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

### row 29 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 30 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 31 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) the next st.
- Continue repeating [ch, skip the next st and then wedc (wesc) into the next ch-sp] until there are 2 sts left.
- Make a dc (sc) in each of the last 2 sts. Turn. {43sts}

## row 32 (body)

- Ch and then dc (sc) into the last st of the previous row.
- Make a dc (sc) in each of the next 2 sts.
- Continue repeating [ch, skip the next st and then dc (sc) into the next ch-sp] until there are 3 sts left.
- Make a dc (sc) in each of the last 3 sts. Turn. {43sts}

## row 33 (border)

- Ch and then dc (sc) into the last st of the previous row.
- Work a dc (sc) in each st to the end of the row. {43sts}

## finishing

- Cut the yarn leaving about a 15cm (5.9in) tail attached to the square and secure your crocheting by pulling it through the active loop.

- Weave the first and last ends into the crocheted block using a darning needle.

## Congratulations on finishing your square!

Crochet 2 squares for each yarn colour (excluding grey – we use this for joining and the border).

# EXPLORING COLOUR

As you're crocheting your blanket, be curious and mindful of how you feel and record it in your Colour Exploration Blanket Workbook.

## green:

- Blue + yellow
- Cool colour
- Looks good with:
  - Complementary – opposite on the colour wheel – red
  - Analogous – 2 colours either side – yellow-green and blue-green
  - Triad – 3 colours equally spaced – orange and violet/purple
- Feelings and Emotions:
  - Positive: peaceful, balanced, harmonious
  - Negative: stagnate, bored, bland

## blue:

- Primary colour
- Cool colour
- Looks good with:
  - Complementary – opposite on the colour wheel - orange
  - Analogous – 2 colours either side – blue-green and blue-violet/purple
  - Triad – 3 colours equally spaced – yellow and red
- Feelings and Emotions:
  - Positive: serene, clear, intelligent
  - Negative: cold, aloof, uncaring

## pink:

- Red + White
- Warm colour
- Looks good with:
  - Complementary – opposite on the colour wheel – green tint

- o Analogous – 2 colours either side – red-violet/purple tint and red-orange tint
- o Triad – 3 colours equally spaced – blue tint and yellow tint
- Feelings and Emotions:
    - o Positive: tranquil, nurtured, loved
    - o Negative: needy, helpless, weak

## brown:

- Red + yellow + blue
- Warm colour
- Looks good with:
    - o Complementary – opposite on the colour wheel - blue
    - o Analogous – 2 colours either side – red-orange and yellow-orange
    - o Triad – 3 colours equally spaced – violet/purple and green
- Feelings and Emotions:
    - o Positive: safe, grounded, warm
    - o Negative: dull, boring, heavy

## purple/violet:

- Blue + red
- Cool colour
- Looks good with:
    - o Complementary – opposite on the colour wheel - yellow
    - o Analogous – 2 colours either side – blue-violet/purple and red-violet/purple
    - o Triad – 3 colours equally spaced – green and orange
- Feelings and Emotions:
    - o Positive: energy, strength, spiritual
    - o Negative: inferior, supressed, cheap

## yellow:

- Primary colour
- Warm colour
- Looks good with:
    - o Complementary – opposite on the colour wheel – violet/purple

- o  Analogous – 2 colours either side – yellow-orange and yellow-green
- o  Triad – 3 colours equally spaced – blue and red
- Feelings and Emotions:
    - o  Positive: happy, confident, optimistic
    - o  Negative: depressed, irrational, fragile

## orange:

- Red + yellow
- Warm colour
- Looks good with:
    - o  Complementary – opposite on the colour wheel - blue
    - o  Analogous – 2 colours either side – red-orange and yellow-orange
    - o  Triad – 3 colours equally spaced – violet/purple and green
- Feelings and Emotions:
    - o  Positive: warm, energetic, playful
    - o  Negative: unrefined, frustrated, frivolous

## grey:

- Black + white
- Looks good with – everything with the right tones
- Feelings and Emotions:
    - o  Positive: comfort, safe, calm
    - o  Negative: tiring, depressed, drained

# BLOCKING THE SQUARES

Now we're going to steam block all of your squares to make them the same size and improve their appearance.

Blocking is magic for crocheting and knitting! It uses either water or steam to relax the colours, which in turns evens and flattens the stitches. As the yarn cools or dries, it holds the shape it was blocked too.

## what you need

- crocheted squares
- tape measure or ruler
- t pins or dressmakers pins for blocking
- ironing board
- iron

## what size to block your squares to

- The squares are designed to be blocked to 26cm (10.2in) x 26cm (10.2in).
- If you've got squares that are larger than this then block to the size of your largest square.

## heat up the iron

- Fill the iron and set it to the hottest setting and highest steam setting.
- Put it to the side where it won't be knocked or touched and allow it to heat up.

Helpful Hint: if you haven't cleaned your iron recently, do this now (otherwise you might end up with gunk on your squares). Refer to the manual for how to do this.

## stretch and pin (all 16 squares)

- With the bobble side up, measure and stretch your square to size.
- Pin the 4 corners first.
- Stretch (if needed) and pin the middle of each side.
- Continue stretching and pinning the sides until the sides are close to straight.
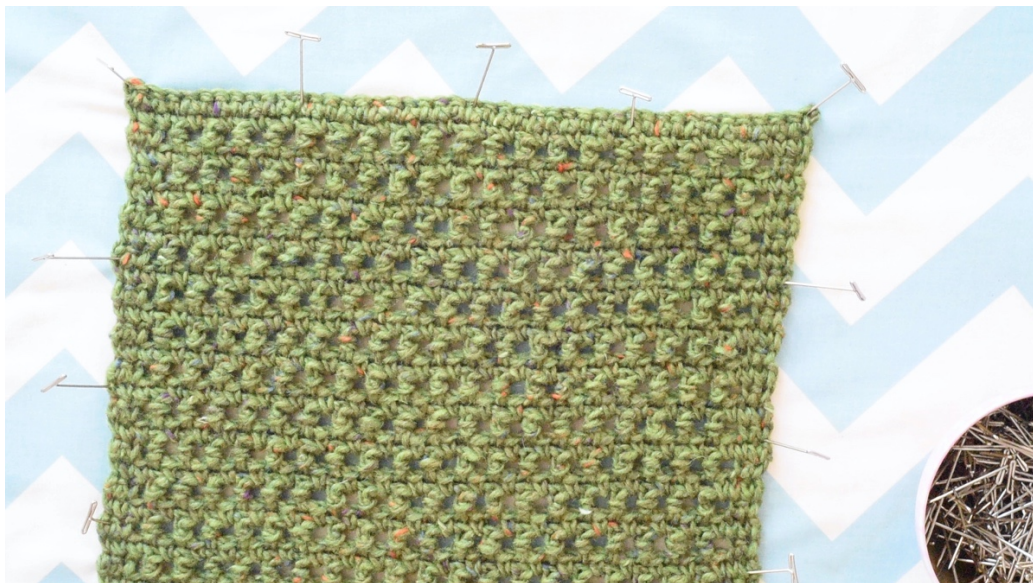
## let's steam

- Hold the iron about 3cm above the square and evenly steam it so it feels warm all over.
- Allow the square to cool and then unpin it.
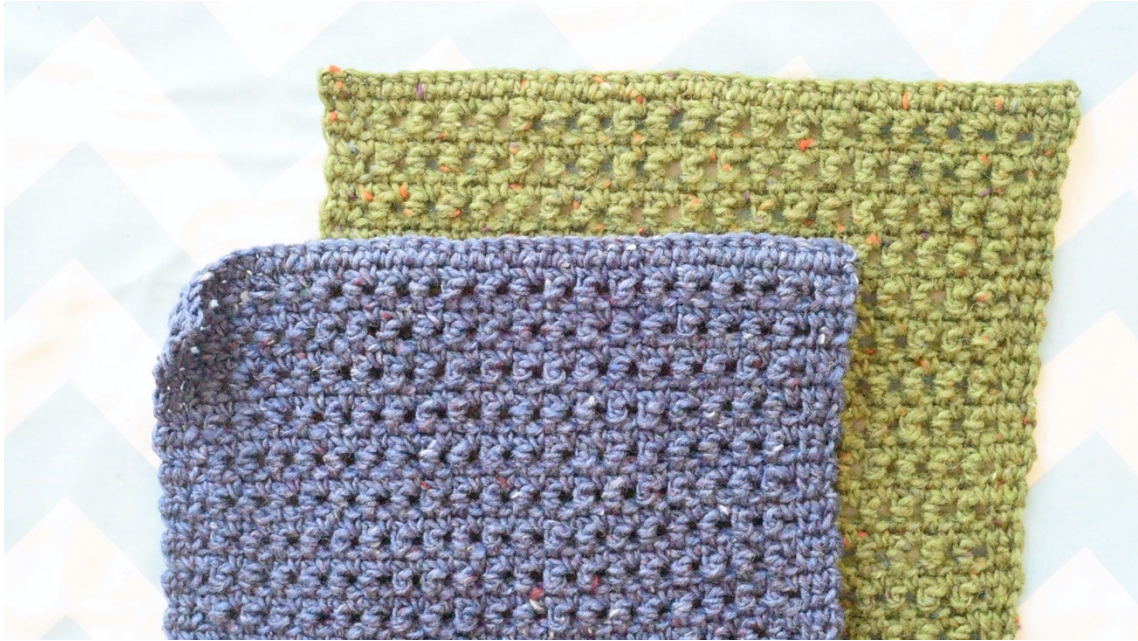
# JOINING

Let's turn your squares into a blanket by joining them together. We're going to use slip stitch to create a stylish and minimal join which is only visible on one side.

## layout your squares

Layout your squares, side by side, in the way you want to join them. You can do this using the order below, or to what looks best to you.

Arrange the squares with the same side up and so they're facing the same way.

| | | | |
|---|---|---|---|
| purple | pink | green | orange |
| brown | dark blue | light blue | yellow |
| green | orange | purple | pink |
| light blue | yellow | brown | dark blue |

## join the tops and bottoms first

Keeping your squares lying flat and side by side, use slip stitch to join the adjacent stitches:

- Make a slip knot.
- Sl-st through the top loop of adjacent sts:
  - put the hook through the top loop (from front to back) of one stitch, and then put the hook through the top loop (from front to back) of the adjacent stitch
  - yarn over and put the yarn back through all loops.
- Continue sl-st along the length of the join.
- Cut the yarn leaving about a 15cm (5.9in) tail, and secure by pulling it through the active loop.

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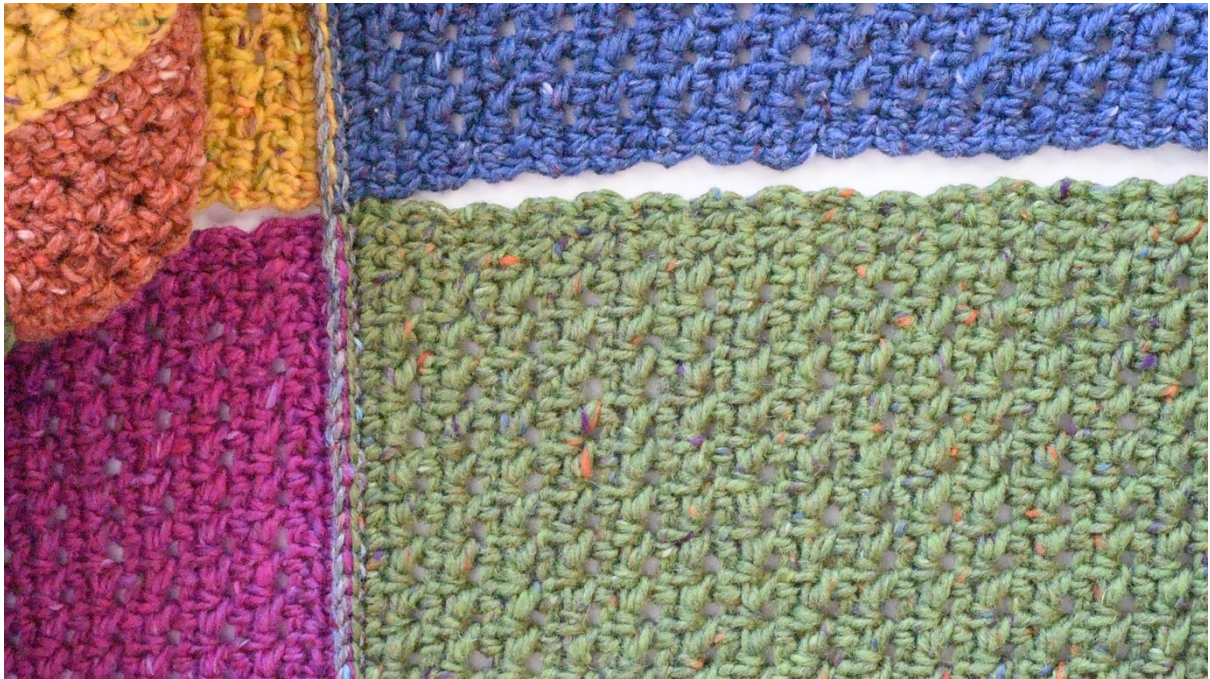
## join the sides next

Keeping your squares lying flat and side by side, use slip stitch to join the adjacent stitches – 1 slip stitch at the end of each row:

- Make a slip knot.
- Sl-st through a single loop at the end of adjacent rows (choose loops that are on the top of the square so the join can't be seen on the other side):
    - o put the hook through a loop (from front to back) at the end of a row, and then put the hook through a loop (from front to back) at the end of an adjacent row.
    - o yarn over and pull the yarn back through both loops.
- Continue working sl-st along the length of the join.
- Cut the yarn leaving about a 15cm (5.9in) tail, and secure by pulling it through the active loop.

## weave in the ends

- Using a darning needle, weave in the ends of each join.

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# BORDER

Let's finish your blanket by crocheting a border. We're going to use slip stitch to create a stylish and minimal border that is only visible on one side.

## finish off with a border

- Make a slip knot.
- Starting anywhere, sl-st in the top loop of each stitch/row around the blanket:
    - o   put the hook through the top/single loop (from front to back), then
    - o   yarn over and put the yarn back through the loop on the hook.
- At each corner do a ch to change sides.
- At the end sl-st to the first st.
- Cut the yarn leaving about a 15cm (5.9in) tail, and secure by pulling it through the active loop.
- Weave the two ends into the crocheted block using a darning needle.

## lightly block the entire blanket

Finish off your Fibre Exploration Blanket by giving it a light steam block to ensure everything is sitting nicely.

### heat up the iron

- Fill the iron and set it to the hottest setting and highest steam setting.
- Put it to the side where it won't be knocked or touched and allow it to heat up.

### let's steam

- Hold the iron about 3cm above the blanket and evenly steam it so it feels warm all over.
- Shape your blanket so it sits evenly.
- Allow it to cool and then unpin it.

## Congratulations!

Congratulations on finishing your Colour Exploration Blanket! You've done it! It's been an absolute pleasure to help you and I hope you've enjoyed it.

*Share a photo of your Colour Exploration Blanket on Instagram and tag it #homelealass @homelealass.*

We desire for all our crochet patterns to be easy to follow and we'd appreciate it if you took a couple of moments to leave us some feedback at homelealass.com/feedback/.

With love, Lynda.